

FOOD IS MEDICINE AND MEDICINE IS FOOD

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"Holistic & traditional approaches to support the best of animal health."

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It is wellness that eliminates disease, not medicines, supplements, potions or spells. If the internal stability of life is not there to re-stabilize life on a higher level of balance, then the same old disease will manifest in ever new and different forms. Symptoms of disease are partially successful attempts of the body to rid itself of what is not wanted. Attempts oftentimes fail because it is higher wellness that is wanted; not just the removal of disease. Without the energy and intelligence necessary in proper diet, wellness is unsustainable.

If life is not consciously expanding into greater Wellness, it knows it is almost not worth living, progress is essential for healthy living. Merely surviving is dying before death, and that is what disease is all about. Analyzing disease is not a substitute for nurturing health, no matter what doctors or the medical industry says.

Practicing here at the Fairfield Animal Hospital has gone from trying to contain disease, to holding on to the reins of expanding Wellness. The old style of medicine, of narrow definitions of disease and repeated cures has quietly died. A feeling no longer ignored said that the medicines were not really helping; just covering deeper wounds with flimsy band-aids, as an ostrich sticks its head in the ground. This has been replaced with giving sound advice on ideal diets; prescribing natural remedies and watching the momentum of genetic expression unfold, unhampered, in countless ways of better health--- as told to us by the surprised owners themselves. Limping, oftentimes painful progress has been replaced by frequent greetings of enhanced Wellness; welcomed pleasant surprises throughout the day.

A healthy vital diet is the foundation for rising and sustained Wellness. Dogs and cats require unadulterated meat as the predominant food source. Many will get by; for awhile on recycled meat and chemical by-products of the human food industry, but the weakness caused by consuming alien substances keep disease ready and waiting right below the surface; easily made manifest in any number of ways by the slightest stress in life.

From another perspective: FOOD IS MEDICINE AND MEDICINE IS FOOD, as is stated in Ayurveda. Without a wholesome, fresh diet of varied foods designed for the species in mind, medicines, no matter how natural can act no better than a jump start for a dying battery. Natural raw food, fresh and alive with the orderliness needed to maximize life is the fountainhead of real living, life entwined in continual growth.